

PRIF GYRSIAU

HAM WY A SGLODION £5.75

Dwy dafell o ham gan O.G Owen wedi ei weini â 2 wŷ gan D.I Jones a sglodion cartref

CYRI CYW IÂR £5.95

Cyri cyw iâr y dydd wedi ei weini gyda reis neu sglodion cartref, neu hanner a hanner am 75c ychwanegol

CYRI LLYSIEUOL £5.95

Cyri y dydd yn cynnwys cymysgedd o lysiau neu ffacbys, gyda reis neu sglodion cartref, neu beth am fynd hanner a hanner am 75c ychwanegol

BYRGYR CIG EIDION O.G. OWEN £5.75

Byrgyr cig eidion O.G Owen wedi ei weini mewn rôl ffres Carlton, sglodion cartref a cholslo cartref

BYRGYR CYW IÂR NEU LLYSIEUOL £5.75

Byrgyr cyw iâr NEU llysieuol wedi ei weini mewn rôl ffres Carlton gyda sglodion a cholslo cartref.

SELSIG O.G OWEN A THATWS STWNSH £5.95

Tair selsigen ffres o O.G. Owen wedi eu gweini ar wely o datws stwnsh gyda greffi cartref a phys

BYSEDD PYSGOD £5.75

5 bys pysgodyn wedi ei weini gyda sglodion cartref a ffa pôb

Archebwch unrhyw 2 brif gwrs gyda'i gilydd am £10

Os oes angen cymorth arnoch am wybodaeth alergeddau gofynnwch wrth aelod o'r tîm

PRYDAU YSGAFN

FFA PÔB AR DÔST £3.25

Ffa pôb ar ddwy dafell o dôst gwyn neu brown

CAWS AR DÔST £2.95

Dwy dafell o fara Carlton wedi eu tostio gyda chaws gwyn aeddfed.

LOBSCOWS CARTREF £4.50

Llund powlen o lobscows cartref wedi ei weini â bara lleol Carlton

CAWL Y DYDD £3.50

Gofynnwch am gawl y dydd. Gweinir â bara lleol Carlton

TATEN BÔB £4.25

Taten bôb wedi ei lenwi gydag un o'r cynhwysion canlynol - tiwna, caws, ffa pôb neu ham. Gweinir gyda salad a cholslo cartref.

BRECHDANNAU / TOASTIE £2.50

Brechdan o fara Carlton wedi ei lenwi â llenwad o'ch dewis o'r canlynol:

Ham Berw O.G Owen a chaws,
Wyau Buarth D.I Jones a mayonnaise,
Caws a phicl neu nionyn,
Bysedd pysgod,
Bacwn Letys a Tomato (BLT)
Cyw iâr a saws barbeciw neu chili melys
Brie a llugaeron
Tiwna mayonnaise

Beth am ychwanegu Sglodion neu Salad £1.75
Neu newid am baguette neu panini am 75c

MANION

Sglodion £1.95
Sglodion gyda chaws neu ffa pôb £2.50
Sglodion caws a ffa pôb £3.25
Bara Menyn £0.95

DIODYDD

TE £1.35

COFFI AMERICANO POBLADO COFFI
£1.60

CAPPUCCINO POBLADO COFFI £1.80

LATTE POBLADO COFFI £1.80

ESPRESSO POBLADO COFFI £1.60

ESPRESSO DWBL POBLADO COFFI
£1.80

SIOCLED POETH 1.80

GYDA HUFEN A MARSHMALLOW
£2.20

YSGYTLAETH SHMOO BACH £1.50
GYDA HUFEN A MARSHMALLOW £1.90

YSGYTLAETH SHMOO MAWR £2.10
GYDA HUFEN A MARSHMALLOW
£2.50

SMOOTHIE £2.00

JUICE BURST AFAL/ OREN £1.80

DWR LLONYDD NEU PEFRIOG £1.00

CANIAU £1.00

SUDD £0.95



BRECWAST LLAWN £5.95

Dwy dafell o facwn, dau selsig, dau 'hash brown', ŵy wedi ffrio, madarch a ffa pôb, tost a te neu coffi

RÔL BRECWAST £3.75

Dwy dafell o facwn, dau selsig, ŵy wedi'i ffrio a madarch. mewn rôl ffres o fecws Carlton

RÔL BACWN, SELSIG NEU WY £2.50

Dewis o ddwy dafell o facwn, dau selsig neu ŵy wedi'i ffrio mewn rôl ffres o fecws Carlton.

WRAP BRECWAST £3.25

Bacwn, selsig, a dewis o unai caws neu 'hash brown' wedi eu rhoi mewn wrap

WY AR DOST £2.95

Dewis o ŵyau buarth gan D.I Jones wedi'i ffrio, botsio neu sgramblo ar dost

TOST A MENYN £0.95

Dwy dafell o dost gyda menyn. Gellir ychwanegu jam neu marmalêd neu menyn ychwanegol 25c

CYNHWYSION YCHWANEGOL 75C

Madarch, ffa pôb, hash brown, caws neu ŵy

MAIN MEALS

HAM EGG AND CHIPS £5.75

Two slices of O.G Owen butchers ham served with 2 free range eggs from D.I Jones and homemade chips

CHICKEN CURRY £5.95

Homemade chicken curry of the day served with rice or chips or go half and half for an additional 75p

VEGETERIAN CURRY £5.95

Curry of the day made with vegetables or pulse served with rice or chips or go half and half for an additional 75p

O.G. OWEN BEEF BURGER £5.75

O.G Owen beef burger served in a fresh roll from Carlton bakery with homemade chips and coleslaw.

CHICKEN BURGER OR VEGGIE BURGER £5.75

Chicken or veggie burger served in a fresh roll from Carlton bakery with homemade chips and coleslaw.

O.G OWEN SAUSAGES WITH MASH AND GRAVY £5.95

Three fresh O.G Owen Butchers sausages served on a bed of mash with gravy and peas.

FISH FINGERS, CHIPS AND BEANS £5.95

Five fish fingers served with homemade chips and beans.

Order any 2 main meals together for £10

Should you require any assistance with allergen advice please ask a member of our team

LIGHT BITES

BEANS ON TOAST £3.25

Beans served on two slices of white or brown bread

CHEESE ON TOAST £2.95

Two slices of Carlton Bakery bread toasted with mature white cheese

HOMEMADE LOBSCOUSE £4.50

A bowl of traditional Lobscouse served with fresh bread

SOUP OF THE DAY £3.50

Ask for the soup of the day. Served with fresh Carlton Bakery bread

BAKED POTATO £4.25

Baked potato filled with one of the following toppings - tuna, cheese, beans or ham served with salad and homemade coleslaw

SANDWICHES / TOASTIES £2.50

A sandwich made of Carlton Bakery bread filled with your choice of the following:

O.G Owen boiled ham with cheese,
Free range eggs from D.I Jones with mayonnaise,

Cheese with pickle or onion,
Fish fingers

Bacon Lettuce and Tomato (BLT)

Chicken with barbeque or sweet chilli sauce

Brie and cranberry

Tuna mayonnaise

How about adding Chips or Salad for £1.75

How about a baguette or panini for 75p extra

SIDES

Chips £1.95

Chips with cheese or beans £2.50

Chips with cheese and beans £3.25

Bread and butter £0.95

DRINKS

TEA £1.35

LOCAL POBLADO COFFI AMERICANO
£1.60

CAPPUCCINO POBLADO COFFI £1.80

LATTE POBLADO COFFI £1.80

ESPRESSO POBLADO COFFI £1.60

DOUBLE ESPRESSO POBLADO COFFI
£1.80

HOT CHOCOLATE 1.80
WITH CREAM AND MARSHMALLOW
£2.20

SHMOO MILKSHAKE SMALL £1.50
WITH CREAM AND MARSHMALLOW
£1.90

SHMOO MILKSHAKE LARGE £2.10
WITH CREAM AND MARSHMALLOW
£2.50

SMOOTHIE £2.00

JUICE BURST ORANGE/ APPLE £1.80

WATER STILL / SPARKLING £1.00

CANS £1.00

SQUASH £0.95



FULL BREAKFAST £5.95

Two Slices of bacon, two sausages, two hash browns, fried egg, mushrooms and beans with a slice of toast and a tea or coffee

BREAKFAST ROLL £3.75

Two slices of bacon, two sausages, fried egg and mushroom in a fresh roll from Carlton Bakery

BACON, SAUSAGE OR EGG ROLL £2.50

a choice of two slices of bacon, two sausages or a fried egg in a roll from Carlton Bakery

BREAKFAST WRAP £3.25

Bacon, Sausage and a choice of either cheese or hash brown wrapped in a tortilla wrap

EGGS ON TOAST £2.95

A choice of free range eggs from D.I Jones fried, scrambled or poached on toast

TOAST AND BUTTER £0.95

Two slices of toast with butter. Add Jam, Marmalade or additional butter for 25p

EXTRAS £0.75

Mushroom, beans, hash brown, egg or cheese.